
The MINST Course

Minimally invasive non-surgical therapy:
Non-surgical regeneration of infrabony defects

18th January 2025

with



Professor Luigi Nibali

and



Dr Varkha Rattu

MASTERCLASS PROGRAMME

09:00 – 10:00	Aetiology and classification of infrabony defects
10:00 – 11:00	Principles of regeneration and wound healing
11:00 – 11:30	Coffee + Refreshments
11:30 – 13:30	MINST – What is it? What is the evidence for it? How do you do it?
13:30 – 14:30	Lunch
14:30 – 17:00	MINST Practical workshop

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Meet Your Trainers



Professor Luigi Nibali

Professor Nibali graduated from the University of Catania in Italy and was awarded a PhD in Periodontology at University College London in 2006. He previously worked as Lecturer and then Reader in Periodontology at the UCL Eastman Dental Institute and then at Queen Mary University of London. He is currently Professor/Honorary Consultant, Academic Lead and Director of the Postgraduate program in Periodontology at King's College London, based at Guy's Hospital. He is also the Co-Lead of the Oral Clinical Research Unit and the Lead of Centre for Host-Microbiome Interactions at King's College London.

Prof. Nibali has widely published in the medical and dental literature and received several international research prizes in periodontology. His research interests range from periodontal medicine, genetics and microbial aetiopathogenesis and minimally-invasive periodontal treatment of intrabony defects and furcations.

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Dr Varkha Rattu

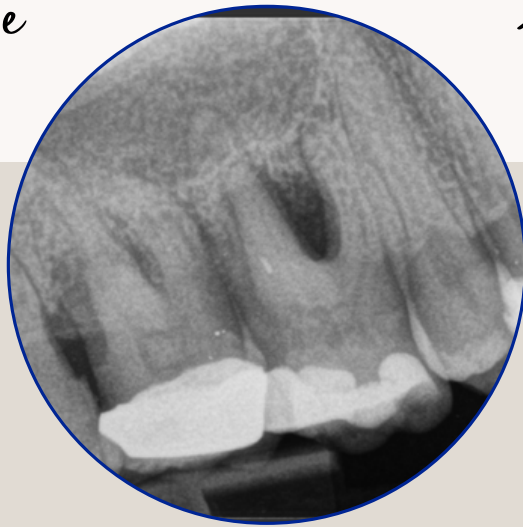
Dr Rattu is a 2018 graduate from Queen Mary, University of London. She is currently in her final year of the four-year periodontology postgraduate program at King's College London, Guy's Hospital, where she manages intricate periodontal cases through non-surgical and surgical approaches. Her active engagement in periodontal research has resulted in the publication of articles in esteemed peer-reviewed journals and invitations to contribute as a reviewer, showcasing her substantive contributions to the field. Notably, Dr. Rattu was awarded the esteemed British Society of Periodontology Systematic Review Prize, recognising her exceptional research conducted in collaboration with leading global experts.

Under the mentorship of Professor Luigi Nibali, a prominent figure in minimally invasive non-surgical therapy (MINST), Dr Rattu has developed extensive expertise and has been invited to present on MINST courses nationally.

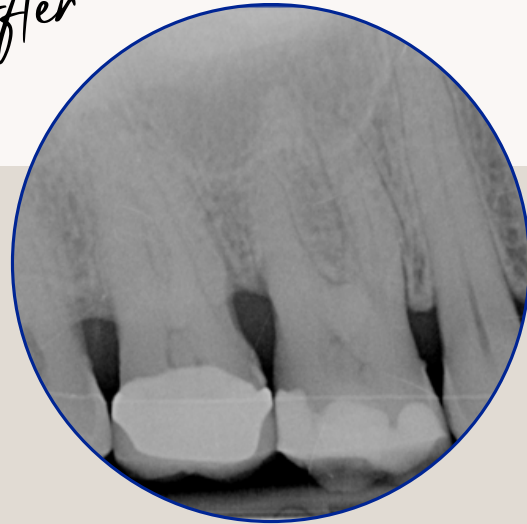
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Before



After



Course Focus:

Discover how to predictably 'regenerate' infrabony defects non-surgically and optimize your patient and clinical outcomes.

Why Attend?

- Master non-surgical strategies for managing infrabony defects.
- Learn to achieve regenerative outcomes that improve periodontal stability.
- Enhance patient satisfaction with minimally invasive care.
- Gain practical insights to apply immediately in your practice.

Who Should Attend?

This course is ideal for dentists and hygienists looking to elevate their periodontal practice with cutting-edge, evidence-based techniques.

Unlock the potential of non-surgical regeneration!

Secure your spot today and transform your periodontal practice!

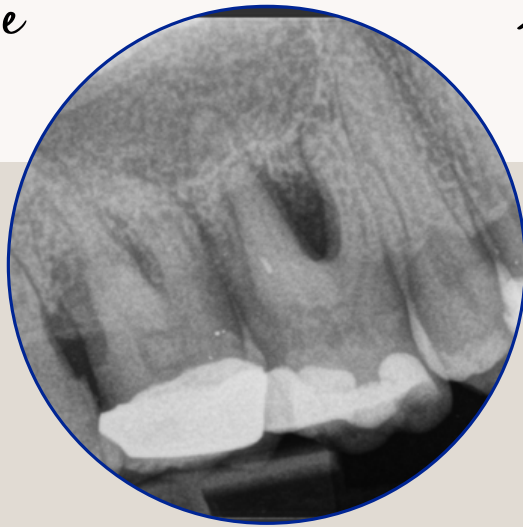
To buy:

- Lecture only ticket (9:00 - 13:30): €300
- Lecture + practical workshop ticket (9:00 - 17:00): €500

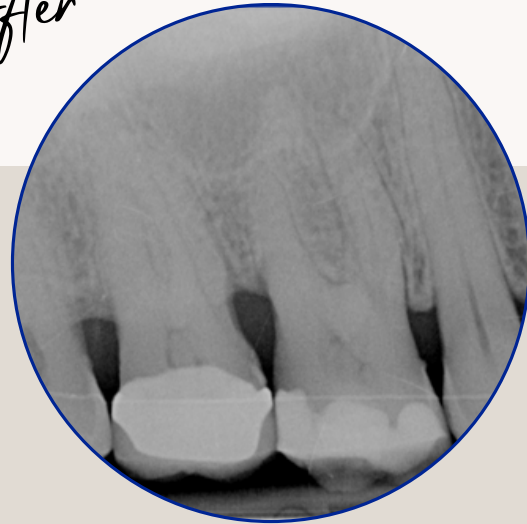
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Before



After



Course Language:

This course will be in English

Local Organiser:

Sandra Smělá, DiS (Dentální hygienistka)